

Hi, All:

The past year has been special for our PTSD reach-out efforts. Membership has embraced the idea that not just our returning warriors are often plagued with the malady, but family members are affected, as well - "second hand PTSD", if you will.

What I intend to do now is make our Thursday night effort open to all of our Post members and affiliates, as well as military-connected folks in the vicinity of Post 211.

No established group is needed. Folks can drop in and chat about what they still can't handle re: the effects of military duty that lead to difficult-to-manage issues and how others are affected.

I will be available as always for individual or family conversations. My past licensure in Ohio and current status as Post Chaplain are credible elements in my efforts to assist in such a capacity. Contact to me remains "collaring" me in the Post and/or reaching me via my 24/7 line: 440-610-1112.

We've expanded our reach-out efforts most recently here - the above continues in this light.

Thanks for your support and understanding.

Len